

Services Provided to UCF Students

Mediation Sessions

- Assisting individuals, teams, and groups in resolving issues which are restricting the ability to move forward, to accomplish goals, and obtain success
- A great opportunity for open dialogue with support from co-mediators (neutral 3rd parties)
- Roommates, executive boards/student organizations, committees, groups associated with class projects, and fraternity/sorority members would benefit from services associated with respective communication, creating an atmosphere of positivity, and team building
- Scheduled appointments are necessary but the service is free

Mediation Training – Professional Development

- Complete a two-day training and become more knowledgeable on conflict management, how to avoid conflict in relationships/workplace, and develop skills on the art of effective communication
- Great opportunity for students in leadership positions to become a campus leader known for effective listening, ability to problem solve, and skilled at handling group dynamics
- Great line on the resume to demonstrate to future employers you have working knowledge of conflict analysis and prevention, creative problem solving, and skills associated with conflict resolution
- Two-day training sessions are scheduled frequently throughout the semester and are free to students

One-on-One Coaching – Communicating with Other Students, Supervisors, Professors, and Parents

- Students working on/off campus would benefit from services associated with how to effectively communicate and work with a supervisor
- Students would benefit from services associated with how to communicate with professors and instructors in a professional manner to gain a reputation of integrity and excellence
- Students who are having difficulty communicating with parents/family members regarding being a college student at UCF (expectations of academic success, deciding on a major, money issues, etc.).
- Scheduled appointments are necessary but the service is free

Workshops/Seminars – Retreats, Trainings, Orientations

- Ability to provide guidance to student organizations in developing a positive working atmosphere for meetings and retreats
- Guest speaker at a student organization function, membership meeting, training sessions on topics such as productive team work, communication etiquette, professionalism 101, etc.
- Ability to assist during training sessions of new officers to a student organization, peer mentoring programs, leaders to a committee, etc.

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Division of Student Development and Enrollment Services

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